

As most of you already know, organic food is very expensive. The cost of organic produce is at least twice that of conventional, and sometimes up to five times. This makes our task of remaining profitable challenging, to say the least. While we are sensitive to your concerns about prices, we try our best to bring you the highest quality food money can buy. Because at the end of the day, nothing is more precious than your health.

Please note that all our items are prepared lovingly from scratch and our meals are made to order. Because of that, we ask that you be patient while we try to create healthy, nutritious food for you, without sacrificing any of its flavor.

If you have any allergies, please inform us at the time we are taking your order.

For those who are looking to detox and maybe shed a few pounds, we offer a juicing / cleansing program. Please check the brochure or email us with any question. Please let us know 24 hours prior.

For your special event we offer organic catering or event hosting. Please give us at least 24 hours to coordinate.

We thank you for your generous support and wish you the best of health for years to come.

For hours and directions

OPEN 7 DAYS A WEEK

4 Bond Street, Great Neck, NY 11021 tel 516-570-0915

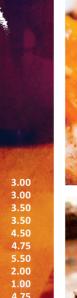
24 Wall Street, Huntington, NY 11743 tel 631-470-1924

info@bee-organic.com www.bee-organic.com



or share with someone special. Please check our tea menu. Before placing your order, please inform your server

if a person in your party has a food allergy.











Organic restaurant and juice bar



Wheatgrass Ginger Ginger, lemon, cayenne Fire cider	3/5 3/5 3/5 3.50
JUICES 16/20oz	
Energy Combo beet, carrot, celery, apple	9/10
Pure Chlorophyll kale, collards, celery, apple, lemon	9/10
Simply Citrus orange, grapefruit, lemon	9/10
Hangover Special apple, pineapple, lemon	9/10
Apple Cleanser apple, celery, beet, cucumber, parsley	9/10
Super Defender carrot, kale, orange, ginger	9/10
Red Goddess beet, carrot, kale, parsley, celery, apple, cucumber, ginger	9/10
Healthy Glow cucumber, celery, lemon, parsley, mint	9/10
SMOOTHIES 16oz / 20oz	
Tutti Frutti v strawberry, raspberry, apple, apple juice	9/10
Pink Banana v strawberry, banana, fresh grapefruit juice	9/10
Mango Blues v mango, blueberry, banana, apple juice	9/10
Green Smoothie v kale, apple, pineapple, banana, lemon, purified water	9/10
Coco Loco v raspberry, banana, raw cocoa, coconut milk, agave	9/10
Honey Bee Nectar mango, banana, yogurt, almond milk, honey	9/10
Maca Madness v banana, dates, almond butter, maca powder, almond milk, cinnamon	11/12

Raw Energy v blueberry, strawberry, banana, coconut milk, protein powder	10/11
Caffe Whip v banana, dates, protein powder, coffee, almond milk	10/11
BOWLS	
Queen Bee Acai Bowl v acai, mixed berries, pineapple, topped with fresh fruit, granola, honey	11
Dragon Fruit Bowl v pitaya, raspberry, pineapple, topped with fresh fruit, granola, honey	11
Juice, Smoothie and Acai Bowl Extras	
raw agave / raw honey / maple syrup	1.00
chocolate syrup / cocoa powder	1.00
flax oil / flax seeds / chia seeds	1.50
raw nuts / seeds / granola / yogurt	2.00
spirulina / maca / hemp seeds / protein powder	3.00
almond butter	3.00
SALADS	
All salads are served with organic pea shoots & the fol dressing options: balsamic (v), flax oil & lemon (v), cea- vinaigrette (v), vegan tahini (v), cilantro cream, EVOO & l	sar, dijon
Bee Green Salad v mixed greens, tomato, cucumber, sunflower seeds	10.95
Israeli Salad v diced tomato, cucumber, feta, red onion, parsley	13.50

mixed greens, tomato, cucumber, sunflower seeds	
Israeli Salad v diced tomato, cucumber, feta, red onion, parsley	13.50
Kale Cucumber Salad v kale, cucumber, tomato, shredded carrot, chickpeas, lemon	12.95
Arugula Goat Cheese Salad baby arugula, tomato, cucumber, apple, goat cheese, almonds	12.95
Tuna, Black Bean & Avocado mixed greens, tomato, cucumber, black beans, avocado, white albacore tuna	14.95
Buddha Bowl v mixed greens, tomato, cucumber, red cabbage,	14.95

SOUP DU JOUR 12 / 16oz

carrot, chickpeas, avocado, walnuts

6.50/7.95

All our soups are served with fresh whole grain bread (for GF add \$.75). Ask for our daily specials.

TARTINES - OPEN SANDWICHES

All sandwiches are served on whole grain, as a wrap or on GF bread (add \$1.50)

Avocado Toast v avocado, sprouts, flax oil	10.50
Egg Salad eggs, mayo, scallion, paprika	10.95
Grilled Cheese melted cheddar cheese, tomato	10.95
Happy Cow tomato, avocado, feta cheese, mayo/veganese	11.95
Bee Vegan v medley of raw vegetables, hummus, EVOO, lemon	11.95
Healthy Tuna white albacore tuna, celery, carrot, dill, mayo, EVOO, lemon	13.50
Smoked Salmon	14.50

ENTREES

Mushroom Burger

ratatouille, arugula sauce

mushroom burger served with side salad,

dill, scallion

REMINDER: consuming raw or undercooked fish or fresh shell eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

wild smoked salmon, chèvre, cucumber,

Organic Salmon Entrée* pan seared organic salmon served with two sides	25.00
Curried Chickpea Stew v served over rice, quinoa or roasted sweet potat	13.50 o
Red Bean Chili v served over rice, quinoa or roasted sweet potate	13.50
Black Bean Quesadilla wholewheat wrap, black beans, cheese, spices, guacamole	12.50
Veggie Burger v our famous veggie burger served on sourdough with greens, tomato, avocado, signature sauces	13.50
Salmon Burger wild salmon burger served on sourdough with greens, tomato, avocado, arugula sauce	14.95

14.95

Quinoa With Sauteed Veggies v sauteed zucchini, sweet pepper, tomato, onion, leafy greens served over quinoa	12.95
Raw Veggie Wrap v carrot, cucumber, avocado, red cabbage, sprouts, vegan tahini, wrapped in a collard green	9.95
Tempeh Stir Fry mixed veggies, tempeh, spicy, stir fry sauce	12.95
Tofu Bowl brown rice, broccoli, black beans, minced tofu, avocado	15.95
Fish Bowl grilled wild cod, brown rice, cole slaw, avocado	15.95
Protein Extras	
garbanzo or black beans	1.50 3.00
avocado / goat, feta or cheddar cheese sautéed tempeh or tofu	3.00
grilled shiitake mushrooms	3.50
white albacore tuna	4.50
wild smoked salmon	5.00
home made veggie burger patty v	6.00
home made mushroom burger patty	6.00
home made wild salmon burger patty * organic salmon filet *	6.00 12.50

SIDES AND TAPAS

Yogurt Parfait

Almond Butter & Jelly Sandwich

6.50
gies
9.50
10.50

BREAKFAST AND DESSERT

2 Eggs Any Style * Cheese Omelet * Veggie Omelet *		6.50 9.50 10.95
Veggie Cheese Omelet *		13.95
extra egg	add 1.00	
home potatoes	add 6.50	
avocado	add 2.50	
grilled shiitake	add 3.50	
French Toast w/maple or chocolate syru	ıр	8.50
Banana French Toast w/honey		10.50
Crepe		3.50
Hot Oatmeal (served till 12pm only)		4.00
Oatmeal and Crepe Extras		
fresh fruit	add 3.00	
almond butter / yogurt / nutella / nuts	add 3.00	
jam / raisins / raw honey	add 1.00	
Raw Cold Oatmeal		5.95

5.95

6.50